Vol. 52 No. 39 October 20, 2006 Aviano Air Base, Italy

Fly Bys

NSPS class

A SoftSkills training class in Change Management for civilian employees and supervisors is scheduled for Tuesday to Thursday at the Mass Briefing Facility. For more information, call Darren Newland at Ext. 7307.

Book fair

Aviano Elementary School's Parent Teacher Association is sponsoring a book fair from 8 a.m. to 3 p.m. Monday to Oct. 27 at the elementary school. All Aviano people and dependants are invited. A book fair family fun night will be from 5 to 8 p.m. Wednesday at the elementary school.

AFOSI

Air Force Office of Special Investigations is holding a recruiting day Thursday. Applicants must be senior airmen through master sergeants or second lieutenants through captains with less than 12 years in the service, be over 21 years old, have one year time on station and be within 10 to 13 months from their DER-OS expiration. To make an appointment, call Ext. 6203 or 6206.

President, military leaders dedicate Air Force Memorial

By Staff Sgt. Julie Weckerlein Air Force Print News

WASHINGTON – On behalf of a grateful nation, the President of the United States accepted the Air Force Memorial in a dedication ceremony here attended by military leaders of the past and present, political and business representatives and thousands of ordinary citizens and Airmen alike.

"A soldier can walk the battlefields where he once fought," said President George W. Bush. "A Marine can walk the beaches he once stormed, but an Airman can never visit the patch of sky he raced across to defend freedom. And so it is fitting that from this day forward, the men and women of the Air Force

See Memorial, Page 5 —



Photo by Tech. Sgt. Cohen Young

On behalf of all American citizens President George W. Bush accepts the Air Force Memorial from Air Force Memorial Foundation Chairman Ross Perot Jr. during a dedication ceremony at its Arlington, Va., location overlooking the Pentagon on Oct. 14.

America soars on Air Force wings

By General T. Michael Moseley U.S. Air Force Chief of Staff

WASHINGTON (AFPN) - The United States of America depends on its Air Force to defend the population, deliver global effects and jointly accomplish national objectives to an extent unseen in the history of mankind.

In my 35 years of service, many things have changed. Yet, what has remained constant is the extraordinary dedication,

See Airmen, Page 3

Package pick up: Due to limited space, people must pick up their packages at the post office. For more information, call Ext. 7966.

31st FW Sortie Board sortie: n, a flight of a combat aircraft on a mission

Hours Sorties
31st FW goal 1055.5 735



Love train

Tops in Blue crooned love songs to Aviano Airmen during their 2006 "What's Love?" themed show.

- Pages 10-11



Built tough

Bodybuilder Craig "The Diamond" Richardson teaches Aviano Middle School students the importance of healthy living.

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Vigileer Editorial Staff

Commander, 31st Fighter Wing

Brig. Gen. Robert Yates

Chief, Public Affairs Capt. Melissa Waheibi

Editor

Senior Airman Colleen Wieman

Assistant Editor Senior Airman Sarah Gregory

Photo support Base Multimedia Center

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Deadline info: The deadline for submitting information is close of business Thursday one week prior to publication. Send all information by e-mail to the Vigileer at vigileer@aviano. af.mil. Faxed articles will not be accepted by the staff. The public affairs office is located in Bldg. 1360, Rm. 19. The Vigileer staff can be reached at Ext. 7344.

Editorials: We want to hear from you. Flex your writing talents and share your thoughts with the community. Commentaries must be 500 to 700 words. Topics must be applicable to the Air Force, Aviano and appeal to the general public.

World's Finest: Messages can be submitted for appreciation, retirements, awards, good service, promotions and graduations.

From the Top: Those Who Lead

Airmen, from page 1

age, and skill of the men and women we call "Airmen" who deliver for the nation every minute of every day in air, on the surface, in space, and cyberspace.

I am often asked: What does the Air Force contribute? What does our national investment in air, space and cyberspace power bring to America? Let me share with you some observations of our Air Force that have inspired me since I was a new second lieutenant – fresh from commissioning at Texas A&M University – and continue to fill me with pride as the 18th chief of staff of the U.S. Air Force.

I see Airmen (Active, Reserve, Air National Guard and Civilians), vigilant at their post, who provide first warning of threats world-wide through space, air and cyber systems that never sleep and never blink.

From satellites that provide early warning, to over-tasked unmanned aerial vehicles and surveillance and reconnaissance aircraft, Airmen operate the world's most advanced sensor network. They watch the globe – to include North Korean preparations for missile launches, Iranian nuclear programs, and the dangerous borders between warring nations. Airmen are America's global eyes and ears, likely the first to tip off of an emerging threat to Americans and America's interests

I see Airmen who provide the first response worldwide for natural disasters — on scene for rescue and delivering humanitarian supplies (to include complete hospitals) that often mean the difference between life and death.

I see Airmen airborne, in the center of the worst storms and hurricanes in history, to track and provide the warning that is critical to save lives and protect citizens' property.

I see Airmen airborne, fighting forest and range fires, delivering fire retardant liquid from C-130s – again to save lives and protect citizens' property. From rescuing individuals in danger, to providing storm warning, to fighting fires, to delivering supplies across a global air bridge, Airmen are the real

manifestation of American compassion and strength.

It has been my observation that Airmen do these tasks so well that people at risk expect an American response no matter how far or how adverse the conditions or how tough the task. It has also been my observation that these Airmen make all this look so easy that others believe it is easy - which, of course, it's not.

I see Airmen who are often first to the fight through the attributes inherent in the exploitation of Air Power, engaging enemies across vast ranges on a truly global scale, striking targets or transporting themselves and their fellow Warriors to hot spots throughout the world. These Airmen then stand alongside them in the fight as a joint team, delivering military options, anywhere on Earth.

These Airmen fly bombers on a truly intercontinental scale, routinely striking targets at ranges unequaled in the history of warfare, with peerless precision, speed, and lethality, while simultaneously holding other targets at risk, thereby deterring and dissuading adverse actions.

Other Airmen fly the giant airlift and refueling aircraft, also on a truly intercontinental scale, daily delivering humanitarian relief supplies, other war fighters, cargo, and the means to conduct theater war fighting on the scale required in this long war on terrorism. In fact, every 90 seconds, somewhere on the surface of the Earth, these Airmen take to the air -24 hours-a-day, 7 days-a-week, good weather or foul in defense of this country.

I see Airmen slip into hollow cockpits of fighter aircraft and, to paraphrase James Salter's "Gods of Tin," plug themselves into the machine. As these Airmen prepare themselves for combat, the canopy grinds shut and seals them off. Their oxygen, their very breath, is carried with them into the chilled

See Airmen, Page 7 —

Aviano Airman of the Week

Name: Airman 1st Class Bryan Fulmer Unit: 31st Medical Operations Squadron

Job: Ambulance services technician

Hometown: Fort Pierce, Fla.

Family: Dad, George, Mom, Patty, and brothers, Chris and Brad

Hobbies: Mountain biking, motocross, snowboarding, surfing and kayaking

Why joined: To do something meanigful with my life.



USAFE medics provide healthcare in Zambia

By Capt. Jennifer Lovett

USAFE News Service

RAMSTEIN AIR BASE, Germany - Medics from U.S. Air Forces in Europe units recently returned from a week of examining eyes and teeth in Zambia as a part of USAFE's first military-to-military medical capabilities initiative in that part of the world.

"When we went to the orphangages and saw how they lived and how much what we were doing meant to them, it really opened my eyes and makes me appreciate what I have," said Tech. Sgt. Gary Detienne, 31st Dental Squadron. "Helping these people is the highlight of my career."

Sergeant Detienne was one of two people from Aviano who provided health care in Zambia.

The USAFE team of five examined more than 1,200 patients and conducted training and outreach during six days.

"The access to medical supplies from South Africa and the positive relationships with the local military make it an ideal spot for medical exercises," said Maj. Vince Gill, USAFE Surgeon General's office.

There is a humanitarian crisis in Zambia due to the high HIV infection rates with over 16 percent of the total population infected.

"By teaming with the Zambian Ministries of Health and Defense as well as the local non-governmental organizations, we could make a huge positive and life-saving contribution," said Major Gill.

Visiting local healthcare facilities including the Maino Soko Military Hospital in Lusaka, Zambia, the medics developed lasting relationships.

"This is the first time military medical services from our two countries have worked together," said the Maina Soko Hospital commander. "I like it!"

The team conducted 386 eye exams and 198 dental exams



Courtesy photo

Zambian children wait in line for medical care. U.S. Air Forces in Europe medics provided healthcare ranging from optometry exams to dental check-ups to more than 1,200 patients.

and passed out 596 hygiene kits.

"The mission was a great mix of exchange, professional training and caring for those in need. Memories to last a lifetime ... seeing the smiles on the children who finally have the chance to get their painful teeth removed and those who can "see" for the first time with their new glasses," said Lt. Col. Parker Plante, team leader deployed from Ramstein's 435th Medical Group.

Awarding service: The 31st Services Squadron is competing for the U.S. Air Force Eubank Trophy Oct. 24 and 25.

Memorial, from page 1

will have this memorial."

The ceremony was the highlight of a daylong open house event that attracted thousands of people from around the country to the south parking lot of the Pentagon. Huge screens were put up which allowed the visitors in the parking lot to view the dedication ceremony, which took place at the base of the memorial.

That crowd included H. Ross Perot and his son, H. Ross Perot Jr., who is chairman of the Air Force Memorial foundation, and Secretary of Defense Donald Rumsfeld. Also in attendance were former chiefs of staff of the Air Force, secretaries of the Air Force, chief master sergeants of the Air Force, Air Force Medal of Honor recipients and their families.

Chief Master Sgt. of the Air Force Rodney McKinley spoke at the event, saying he was deeply honored to be a part of it. He reflected on the Airmen who serve today, and their connection to the dedicated Airmen who served in the past.

"We have the most powerful air, space and cyberspace force in the world," he said. "This is a long over-due tribute to all those who are a part of this ongoing cycle of dedicated and talented Americans who service in the Air Force."

The Air Force Band performed several pieces while a video was shown with clips from pilots climbing into World War II bombers to modern-day Airmen working in the sands of Iraq.

Chief of Staff of the Air Force Gen. T. Michael Moseley spoke of several Airmen who made the ultimate sacrifice in the name of freedom. He read an excerpt from a letter sent by Senior Airman Jason Cunningham, an Air Force para-jumper with the Special Forces to his wife, Theresa, before he was killed in combat in Afghanistan in 2002.

"As if aware of his impending death, he wrote, 'I'll die a happy man doing the job I love'," read General Moseley. "Those are the words of a true PJ, and it speaks volumes of his commitment and dedication. We honor him with this memorial, as well as the countless others who are like him."

Several aircraft, ranging from World War One bi-planes to today's stealth bombers and fighters, flew over the crowd and memorial in chronological order, providing visual evidence of the evolution of military flight.

The ceremony ended with a demonstration from the Thunderbirds, who buzzed the crowd before doing the bomb-burst formation, which inspired the design of the three-spires of the memorial.

"We commemorate today the courage of the men and women who were the Air Force blue," said President Bush. "We remember those who gave their lives for their fellow Americans. We mourn their loss, we pray for their families and we consecrate their legacy here today."

Up Front: News to Know

Airmen, from page 3

vacuum in a steel bottle. Their only voice is the radio. They're as isolated as a deep-sea diver.

For these warriors - operating in their unique domain - time and space are compressed. To them, geographical expanses are reduced and geographical barriers are bypassed by the hurtling aircraft - again exploiting the inherent benefits of the ultimate high ground and vantage of operating within this unique domain.

In combat, these Airmen live or die alone. They're certainly accompanied by others, flying and fighting alongside - but, really, they are alone in these fighter aircraft. They're fighting the laws of physics, as well as our increasingly lethal enemies. And the connection to technology is real because first they become part of the aircraft and then the aircraft becomes a part of them, all in defense of this Nation.

I see Airmen succeed throughout the world, mirroring America's diversity and its blend of capabilities, devotion, courage, and valor that unite Warriors across cultures and national boundaries.

I see Airmen who provide measured military effects and save lives. I see Airmen standing shoulder to shoulder with their brothers and sisters on the ground, hunting terrorists as part of our Special Ops teams, driving convoys, guarding bases, conducting truly high risk combat search and rescue missions, and providing medical services in places the devil himself doesn't dare to tread.

I see the daily mission reports from U.S. Central Command, documenting multiple examples of Airmen on the scene when surface troops are in contact, who attack with both the aircraft-mounted gatling guns and with the precision-guided munitions, and whose actions set the conditions for victory. This is the essence of the combatant spirit and the joint team.

I see Airmen who quietly support national objectives over the long term. When American ground troops returned home after liberating Kuwait in 1991, Airmen stayed in theater as the preponderance of the force deployed to not only enforce the United Nations' Resolutions but to defend the local populations from tyranny. In fact, since that time, Airmen have been fighting in Iraq for 16 straight years, including the 12 years of sacrifice and deployed operations in support of Operation Northern Watch and Operation Southern

Watch – standing guard in the desert as the major American military force engaged.

I see Airmen demonstrating the inherent flexibility of American Air Power in responding to combat tasking during this same period with two additional deployments into the Arabian Gulf, as well as combat operations over Bosnia and Kosovo and an unwavering air bridge for resupply and medical evacuation - without skipping a beat.

I see Airmen on duty at this moment flying America's constellation of military spacecraft. This solely Air Force mission involves hundreds of military satellites and thousands of Airmen, serving as the Nation's eyes and ears. These Airmen operate the key spacecraft that provide early warning, communications, precise navigation and weather information for America's combat forces. They are "on watch" 24 hours a day, 7 days a week - and again, they have never skipped a beat.

I see Airmen airborne at this moment in support of Operation Noble Eagle – overhead the cities and citizens of the United States. This solely Air Force mission involves hundreds of aircraft and thousands of Airmen, operating from dozens of locations - scattered from Alaska, to Hawaii, to the East Coast, serving as the airborne shield for America. These Airmen, in flight aboard AWACS early warning aircraft, aerial refueling tankers and jet fighters are on "on watch" 24 hours a day, 7 days a week and again, they have never skipped a beat.

I see Airmen on duty at this moment across the Inter-Continental Ballistic Missile (ICBM) fields and deep within the missile silos located across the heartland of America -"North of Interstate 80." This solely Air Force mission involves hundreds of missiles and thousands of Airmen, serving as the most responsive element of America's "Triad," our nuclear deterrent backstop. These Airmen are also "on watch" 24 hours-a-day, 7 days-a-week – and again, they have never skipped a beat.

I see Battlefield Airmen engaged in surface combat alongside this country's finest Soldiers, Sailors and Marines. These special operators, combat controllers, PJs (combat search and rescue to bring back all downed Airmen, no matter their nationality or service), terminal attack controllers, combat communicators, and combat

weathermen serve as the immediate connection from the surface joint team to the airborne Airmen - delivering the desired kinetic and non-kinetic effects 24 hours-a-day, 7 days-a-week – and, they too, have never skipped a beat.

I see Airmen who represent America at its best: its honor, valor, courage, and devotion; its mastery of science and technology; its awesome military might; its commitment to freedom; its flexibility and adaptability. It has always been this way: from our humble beginnings since before World War I, to a decisive military force which ended World War II, to a truly global force that manned the intercontinental missiles, jet tankers and bombers of the Cold War, and today contribute to a long list of successes in the global war on terror.

As a reminder of the successes, the last time American Soldiers have been attacked by enemy aircraft was April, 1953-over 53 years ago! The ability for our surface combatants to look up into the sky, knowing that there's nothing to fear is priceless.

Yet, air, space and cyberspace dominance is not an entitlement-it's a direct fight that must be won as a predicate to any other activity. The battle for air, space, and, now, cyberspace superiority has been - and will always be - the first battle of any

These Airmen of today's U.S. Air Force have a glorious heritage: from the days of the first combat pilots of the Lafayette Escadrille of WWI, to the groundbreaking Tuskegee Airmen of WWII, to the early jet pilots flying "Sabres" over the distant Yalu River during the Korean War, to the early space and missile pioneers that put America on the ultimate high ground of space, to the heroic Jolly Green Giants and POWs of Vietnam, to the Airmen presently engaged in combat across Iraq and Afghanistan.

They all live on the threshold of a vast horizon - across the air, space and cyberspace domains. Airmen must be able to continue to mold America's incredible technological might into the air, space and cyber systems which guarantee our freedoms and our future.

The United States of America and the joint team that defends it depend on their Air Force to deliver national objectives on a global scale to an extent unseen in the history of mankind. Yes, America truly soars on Air Force

Flu vaccination to arrive at end of month

By Airman 1st Class Davann Lim

31st Aerospace Medicine Squadron

The 31st Medical Group will receive the first shipment of influenza vaccine by the end of October.

The group will use the first shipment to vaccinate people in high priority groups such as deploying personnel, hospital staff and children. Flu vaccinations are given between 7:30 a.m. to 4:30 p.m. at the Immunization Clinic.

All active duty personnel are required to get the influenza vaccine but mass flu vaccination lines will be held during commander's calls and other venues.

Influenza is a contagious virus that attacks the respiratory track. It's spread from person to person and affects people of all age groups.

While people are waiting to be vaccinated, they can prevent catching the flu by frequently washing their hands with soap and water or using an alcohol-based hand sanitizer. They can also help prevent illness by staying away from people who are sick, eating a balanced diet and getting plenty of exercise and rest.

If someone is ill, they should stay at home. To avoid spreading germs, people should cover their mouth and nose with a tissue or their sleeve when they cough or sneeze and not touch their mouth, eyes or nose before they wash.

For more information about the flu vaccine and how to prevent its spread, visit the Center for Disease Control Web site at www.cdc.gov/flu or call Public Health at Ext. 5220 or 5221.

High-risk priority groups

- Children between six and 59 months of age
- Women who will be pregnant during the influenza season
- People 50 years of age or older
- Children and adolescents up to 18 years old who are receiving long-term aspirin therapy
- Adults and children who have chronic pulmonary or cardiovascular system disorders, including asthma. Hypertension is not considered a high-risk condition.
- Adults and children who have had a regular medical follow-up or hospitalization during the previous year because of chronic metabolic diseases such as diabetes, renal dysfunction, hemoglobinopathies or immunosuppression.
- Persons who live with or care for persons at high risk for influenza-related complications, including caregivers of children up to 59 months

SAT dates: The SAT exam will be administered at 9 a.m. Oct. 27, Nov. 3 and Nov. 17 at the education center. To sign-up, call Ext. 5330.

DOD resumes anthrax vaccinations

WASHINGTON – The Department of Defense announced Oct. 16 a resumption of the mandatory Anthrax Vaccine Immunization Program (AVIP) for military members, emergency-essential DOD civilians and contractors, based on defined geographic areas or roles.

For the most part, mandatory vaccinations are limited to military units designated for homeland bioterrorism defense and to U.S. forces assigned to the U.S. Central Command area of responsibility and Korea.

The undersecretary of defense for personnel and readiness will issue implementing instructions to the military services for resuming the mandatory vaccination program within 30 to 60 days.

"The anthrax vaccine will protect our troops from another threat – a disease that will kill, caused by a bacteria that already has been used as a weapon in America, and that terrorists openly discuss," said Dr. William Winkenwerder Jr., assistant secretary of defense for health affairs.

The policy also allows those previously immunized against

anthrax, who are no longer deployed to higher threat areas, to receive follow-up vaccine doses and booster shots on a voluntary basis

Under the voluntary vaccination policy, implemented during the period of a court injunction throughout 2005, the voluntary acceptance rate was about 50 percent.

"This rate of vaccination not only put the service members at risk, but also jeopardized unit effectiveness and degraded medical readiness. The threat environment and the unpredictable nature of terrorism make it necessary to include biological warfare defense as part of our force protection measures," Dr. Winkenwerder said.

Anthrax is a deadly infection, and the anthrax vaccine is an important force protection measure to combat it.

The Food and Drug Administration has repeatedly found, and independent medical experts have confirmed, that anthrax vaccine is safe and effective.

For more information on the anthrax vaccination program, visit www.vaccines.mil/ or www.vaccines.mil/anthrax.



Photo by Airman 1st Class Nathan Doza

Fearless

Barb Peterson participates in a Fear Factor themed Spouse It Up Oct. 11 at Area D. Mrs. Peterson survived four other challenges while trying to win the \$100 grand prize. For more information on Spouse It Up, call the Airman and Family Readiness Center at Ext. 5407.

Tops in Blue entertains Ayianc

Courtesy of 31st Fighter Wing Public Affairs

The Air Force's expeditionary entertainers performed for the Aviano community during their "What's Love?" show Oct. 14 and 15 in Hangar One.

Tops in Blue expressed to audiences the many stages of love by performing ballads from artists ranging from Elton John to Barry White.

The troupe is a musical entertainment group composed of Airmen who travel all over the world providing entertainment and raising morale in military communites.

For more information or to learn how to become a member, visit www.topsinblue.com.



Photos by Staff Sgt. Michael Holzworth

Above: Tops in Blue performer Senior Airman Bethany Schwartzkopf serenades to Renee Dooms during the Tops in Blue performance Saturday.

Left: Tops in Blue members perform an emotional song at Hangar One Saturday. Before Tops in Blue members start their annual world-wide tour, they go through a 60-day training program at Lackland Air Force Base, Texas. The training program teaches them how to set up the more than 42,000 pounds of staging, lighting and audio; how to perform their choreography, and how to perfect their music.





community



Tops in Blue singers perform a choreographed dance Saturday.



Left: Tech. Sgt. Kenneth Bruce and other Tops in Blue members sing one of their closing numbers during their 2006 'What's Love?' performance at Aviano.

Tops in Blue has been performing for the Air Force for 53 years. Members are selected through base talent contests. Winners of the contests move up different levels to compete for a spot in the Tops in Blue cast

Flybys: Community Information at a Glance

Steel Magnolias

The Aviano Community Theater is performing "Steel Magnolias" at 7 p.m. today and Saturday in the Aviano High School multipurpose room. The cost is \$5 for adults, \$3 for students and \$15 for families.

Library mystery

The Aviano library is hosting a murder mystery for detectives ages 10 and older from 6 to 8 p.m. today. For more information, call Ext. 5389.

Breastfeeding

The breastfeeding basics class teaches women the mechanics and benefits of breastfeeding. The class is at 6 p.m. Wednesday in the Life Skills Support Center conference room, Bldg. 108. Fathers are welcome to attend. For more information or to sign up, call Ext. 5863.

Halloween

Aviano celebrates Halloween with Trunk or Treat from 6 to 8 p.m. Oct. 28 on Captain Gori Road behind the base exchange. Volunteers are needed to collect wrapped candy within squadrons and distribute it as well as provide Trunk or Treat crowd control from 4 to 9 p.m. To volunteer, call Youth Programs at Ext. 8713 or 5823 or the community center at Ext. 5479.

Additionally, the base haunted house will be open for non-scary hours from 5 to 6 p.m. and scary hours from 6:30 to 10 p.m. Oct. 27 and 28.

AAAC Halloween

Aviano's Airmen Advisory Council is hosting an Airmen's Halloween Night from 10 p.m. to 4 a.m. Oct. 27-28 at the La Bella Vista Club. Events include a costume, pumpkin carving, dancing and limbo contest. For more information, e-mail aaac@aviano. af.mil.

Info quest

U.S. Air Forces in Europe libraries are holding the third annual information quest contest through Oct. 31. The theme is CSI: USAFE Libraries. The contest is open to people 10 years of age or older

who are eligible for a USAFE library card. Prizes will be awarded throughout the contest. For more information, visit www.usafelibraries.org.

Heroes

Airman magazine is looking for heroes to feature in its next edition. Those who are or know a hero can send a 400 word or less story, a photo of the hero in uniform and a copy of a medal citation or letter of appreciation with the subject line "Airmen Heroes" to editor@afnews. af.mil. Submissions can also be mailed to Airman magazine at: Attn: Airmen Heroes, 203 Norton St., San Antonio, Texas, 78226-1848. All submissions must be received by Oct. 31.

Logistics

Embry-Riddle Aeronautical University offers a certificate in logistics and supply chain management. Class registration is through Nov. 2. For more information, call Ext. 5140.

Yard sale

The thrift shop is hosting a base-wide yard sale from 8 a.m. to 1 p.m. Nov. 4 at the old education center in Area One. Volunteers are needed to help before, during and after the sale. Vendors need to reserve a table by calling 349-470-9262.

Election day

To help military members request a ballot for the Nov. 7 elections, the Federal Voting Assistance Program has launched the Integrated Voting Alternative site at www. fvap.gov. The Web site gives guidance on completing the FederalWrite-In Absentee Ballot and state rules and deadlines for ballot submissions.

For more information, e-mail Capt. Lisa Burns at lisa. burns@aviano.af.mil or Master Sgt. Harold Smith at harold.smith@aviano.af.mil.

Future Fair

Aviano High School needs volunteers from 7:30 to 11 a.m. Nov. 16 for its future

fair. Volunteers may be civilian or active duty personnel who can represent their career or university. The fair will provide high school students an opportunity to learn about after high school alternatives. To volunteer or for more information, contact Dawn Holt at Ext. 5619 or e-mail dawn.holt@eu.dodea.edu.

AF Academy

Airmen interested in attending the Air Force Academy or prep school in July 2007 must submit an application by Jan. 31, 2007. Airmen must be single with no legal dependents and cannot reach their 23rd birthday prior to July 1, 2007, for the academy or their 22nd birthday before prep school. For more information or to make an appointment with a guidance counselor, call Ext. 5330.

Assignments

The Air Force Personnel Center has lifted the temporary suspension of voluntary assignment applications. All applications submitted before Oct. 7 will be processed and completed by Nov. 15. Applications submitted after Oct. 8 will be processed throughout November. For more information, call Ext. 7216.

Girl Scouts

The Aviano Girls Scouts is accepting registrations for girls in kindergarten through 12th grade. The cost is \$10 for a one-year membership. The scouts also need adult volunteers. The cost for adult registration is \$10. For registration forms and details, e-mail avianogs@yahoo.com.

Citizenship

Non U.S. citizens who have been U.S. military members for at least a year or served in the military during periods of conflict can seek U.S. citizenship. Those interested in becoming U.S. citizens must legally immigrate and permanently live in the U.S. using immigration procedures. The military cannot help in the immigration process. For more information, contact the legal office at Ext. 7843.

Reel Times

Today, 7 p.m. - "Snakes on a Plane" Rated R - A ruthless assassin releases a crate full of deadly snakes aboard a plane flying overseas. In order to survive, the passengers and crew must band together. Starring: Samuel L. Jackson, Nathan Phillips

Today, 10 p.m. - "The Descent" Rated R - Six girl-friends meet in a remote area of the Appalachians for a cave exploration trip. The girls soon realize they are lost in an uncharted cave and no one can come rescue them. The group tries to find on exit while something else lurks in the cave with them. Starring: Shauna MacDonald, Natalie Mendoza

Saturday, 7 p.m. - "Open Season" Rated PG - A domesticated grizzly bear and a one-horned deer are stranded together in the woods during hunting season. It's up to the two of them to rally all the other forest animals and turn the tables on the hunters. Animated

Sunday, 7 p.m. - "Step Up" Rated PG-13 - When a run-in with the law causes a rebel to perform community service at a ballet school, the rebel falls in love with one of the dancers. Starring: Channing Tatum, Jenna Dewan

Wednesday, 7 p.m. - "The Descent" Rated R Thursday, 7 p.m. - "Snakes on a Plane" Rated R

(Titles and times are courtesy of www.aafes.com, and are subject to change.)

Fly Bys

Local events

- A Pumpkin Festival is Saturday and Sunday at Venzone, near Udine. The medieval festival has fire-breathjugglers, ers and actors. The town was destroyed in 1976 but has been completely restored.
- · A guided tour of Strassoldo castle and wine tasting is Saturday and Sunday. Strassoldo is near Cervignano on the way to Aquileia. For more information, visit www.castellodistrassoldo.
- A European mixed curling championship is through Saturday at the Ice Palace in Claut. For more information, visit www.emcc2006.it.
- A festival of more than 150 South American movies is Saturday through Oct. 29 at Cinema Teatro Miela in Trieste. For more information, visit www. cinelatinotrieste.org.
- An Andrea Mantegna art exhibit is through Jan. 14 in Padova. For more information, visit www. andreamantegna2006.it/ eng/home.html.

Call Ext. 7555 for more information on these local events.

Awareness

When traveling to a foreign county, become familiar with local customs and laws. For more information, visit www. travel.state.gov.

The old meets the new in Ljubljana



Photo by Tech Sqt. Jerome Baysmore

Ljubljana's city symbol of the dragon can be found everywhere, including on bridge posts.

By Tech. Sgt. Jerome Baysmore 31st Fighter Wing Public Affairs

ust on the other side of Trieste lies Lju- ■ bljana – a city full of picturesque sites where visitors can expect many surprises.

Local legend dictates Ljubljana was founded by the Greek mythological hero Jason and the Argonauts, who stole the Golden Fleece and fled across the Black Sea and up the Danube, Sava and Ljubljana Rivers.

Jason and his crew stopped at a large lake near the source of the Ljubljana River, where they made plans to disassemble their ship to carry it over to the Adriatic Sea. However, the lake was the home of a monster which Jason later fought and killed. The monster became known as the Ljubljana Dragon whose likeness is displayed on the castle tower, the Dragon Bridge, the Ljubljana coat of arms and in the

hearts of the local people. Almost everywhere you turn, you can see the dragon.

Ljubljana is the capital of Slovenia and it's smaller than one would expect from a city with embassies, and government and parliamentary

Most Slovenians speak English and don't mind helping hapless tourists get around the city or explaining the sites.

It's easy to get around in Ljubljana via bus, bike, train or car - just don't arrive during the weekday afternoon rush hour or you might be stuck in traffic.

The city's architecture combines the old with the new where medieval-era buildings stand next to new construction. Between the old walls lie quiet places to sit or rest when going from one site to another.

On weekends tourists gather at the city center's Triple Bridge - an open market where visitors can purchase local artwork, knickknacks and souvenirs. They can also take one of the hourly train rides up to one of Ljubljana's main attractions — its castle.

Another city attraction is BTC City, a large mall that houses just about something for everyone. It has two movie theaters which run movies in English including a 4-D special effects theater that places moviegoers fully into the movie experience. The seats, sound system, and theatrical effects add to the action on-screen - if it's raining on-screen, you'll get wet too because it's raining in the theater as well.

The mall also has an indoor water park called Atlantis and for about €20 you can get an all day pass to all of its features. The park has Jacuzzi and water massage stations that cycle on and off every 20 minutes.

For those with a desire to be pampered, you can spend time unwinding in the saltwater hot tubs, steam rooms, saunas or the eucalyptus rooms. For an additional price, you can get a massage, but it's recommend to call a day ahead to schedule.

The city of Ljubljana has something to suit just about anyone's tastes, be it for day travelers or the weekend enthusiast - you just have to choose your own adventure.

Writers wanted: People interested in writing a travel article for the Vigileer can e-mail their submissions to vigileer@aviano.af.mil.



Photo by Senior Airman Sarah Gregory Tourists can visit Juliet's house

from Shakespeare's Romeo and Juliet in Verona.

Information, Tickets and Tours

Upcoming tours from the Information, Tickets and Tours office include:

- · Saturday Medieval Asolo and Bassano del Grappa and a grappa distillery
- Saturday Guided Verona and Medieval Times Dinner Show

ITT escorts ensure the group arrives and departs from destinations as scheduled and will do everything possible to make the trip safe and comfortable. Escorts also provide general information about the area.

Please note weather conditions and dress accordingly. The ITT staff recommends wearing comfortable shoes because almost all tours involve walking. Call Ext. 5072 or 5026 for more information.

Competitive Edge: Sports, Health and Fitness

Bodybuilder teaches students healthy living



Courtesy photos

Above: Shaun McElroy, left, flexes with Craig 'The Diamond' Richardson during Mr. Richardson's visit to Aviano Middle School.

Right: Mr. Richardson explains proper weight lifiting techniques and healthy living habits to students.

By Stephanie El Sayed Aviano Middle School principal

Bodybuilder Craig "The Diamond" Richardson visited Aviano Middle School Oct.

10 during the sixth and eight grade physical education classes.

Students had an opportunity to ask Mr. Richardson about his weight training regime and how many push-ups and sit-ups he could do.

Mr. Richardson gave healthy snacking tips and encouraged students to take care of their bodies before the consequences of poor eating and exercise habits impact them in the future. He also told the children to stay away from drugs and cigarrettes because of the impact it can have on their bodies.

Mr. Richardson gave a demonstration to the students on how to lift weights properly and develop different body parts. He informed the students that they are too young for a weight training program because their bodies are still growing, but he told them that no one is too young to enjoy a healthy lifestyle.



Jazzercise: An exercise class set to jazz is 9 to 10 a.m. Saturdays in the Dragon Fitness Center.



Photo by Staff Sgt. Michael Holzworth

Night golf

The Alpine Golf Course is hosting a night tournament Oct. 28. A steak dinner will start at 6:30 p.m. and the nine-hole, fourscramble person is from 8 to 10:30 p.m. The cost is \$28, which includes a glow ball and dinner. The cost does not include green fees. Door prizes will be awarded. For more information, call Ext. 7386.

Fly Bys

Mouth guard

The 31st Dental Squadron is hosting a Sports Mouth Guard Day from 11 a.m. to 3 p.m. Saturday at the base exchange. Free boil and bite mouth guards will be handed out as well as instruction on the proper use of mouth guards.

Volleyball

The women's volleyball team is looking for players. Practices are from 6 to 8 p.m. Monday, Wednesday and Oct. 30 in the Dragon Fitness Center. The team is also looking for a coach and an assistant coach. People interested can e-mail Jessica Jackson at jessica.jackson@aviano.af.mil.

Adrenalin

Outdoor Recreation is visiting the Adrenalin Park Ropes Course Oct. 28. For more information or to sign up, call Ext. 8623

Women's basketball

Spangdahlem Air Base, Germany, is hosting a women's varsity basketball tournament Nov. 4 and 5. Interested teams may contact Ed Marshall at DSN 452-6634.

Basketball coaches

The Dragon Fitness Center varsity sports program is seeking men's and women's basketball coaches. For more information, call Neville Besignach at Ext. 7459.

CFC walk

A breast cancer awareness walk to raise money for Combined Federal Campaign breast cancer charities is at 9 a.m. Saturday at the Dragon Fitness Center. The cost is \$5 per mile. For more information, call Kathrine Kosmala at Ext. 5465.

Massage therapist

The Area Two Fitness Center offers massage therapy. Shawn Hamilton offers 30-, 60-, and 90-minute massages. For more information or to make an appointment, call 348-364-0684.

Letter to Airmen: CSAF 2007 reading list

To my fellow Airmen:

The inscription on the Eagle and Fledglings statue at our U.S. Air Force Academy reminds us

"Man's flight through life is sustained by the power of his knowledge." I believe knowledge isn't a final destination- something we "get" and hold onto foreverbut is instead a never-ending pursuit. This year's (FY07) Chief of Staff's reading list is designed to encourage Airmen toward pursuing knowledge that grounds them in history, sustains them in today's flight, and propels them toward our limitless horizon. I encourage you to begin reading books from this list and, as the slogan says, "Read it, learn it, live it!"

You can access the complete reading list at www.af.mil/library/ csafreading/, and each of these books will be available through our Air University schools and Air Force libraries. The list's historical focus is based on my conviction that, in a time of accelerating change, it's essential we fully understand the heritage upon which we're building our future. We must understand the history that's made us the Air Force we are today, and we must understand the historical and political contexts, which framed the debates of the past and color people's thinking today.

Accordingly, this year's list includes four books I consider important to understanding Our Military Heritage. While last year's list focused on early American history and the birth of our great nation, this year's list moves forward in history and includes titles dealing with America's birth as an international power. The list also includes titles offering historical context to current Department of Defense-wide initiatives, such as transformation and efforts to improve joint, interdependent operations.

I've also included six books devoted to exploring Our Air Force Heritage. Last year's list was dedicated largely to Billy Mitchell and the general concept of air power. This year, the books focus primarily on World War II-era Airmen and Army Air Forces leaders - giants that have left important



and lasting legacies such as Spaatz, Doolittle, and Chennault. But the list also includes an important book covering space leaders of the last half-century and introduces the Vietnam-era "Misty FACs," who battled valiantly over the Ho Chi Minh trail in Southeast Asia.

Five books headline the Our Mission, Doctrine, and Profession section. These books teach critical transformational and combat lessons and should frame our thinking about air power today. The last two books in this section further expand our thinking about the value of lean corporate processes and how to lead organizational change.

Finally, I recommend reading five books to help you understand Our Nation and World. All of them focus on political, economic, social, and cultural development in the Middle East, which will help readers understand and appreciate the heavy influence of history on conflicts and resentments in the region today.

I hope you'll make the time to read and enjoy this collection of great books. As you know, developing Airmen is one of my highest priorities and I consider the pursuit of knowledge a central part of any Airman's development. I remain constantly amazed by who you are and what you do every day for the Air Force and our great nation. Thank you, and keep it up!



Chief of Staff of the Air Force 2007 reading list

Our Military Heritage

- "The Philippine War 1899-1902" by Brian McAllister Linn
- "The Last Days of Innocence: America At War 1917-1918" by Meirion and Susie
- "The Air War: 1939-1945" by Richard
- "Victory on the Potomac: The Goldwater-Nichols Act Unifies the Pentagon" by James R. Locher III

Our Air Force Heritage

- "Master of Airpower: General Carl A. Spaatz" by David R. Mets
- I Could Never Be So Lucky Again: An Autobiography of General James H. "Jimmy" Doolittle with Carrol V. Glines
- "Beyond Horizons: A Half Century of Air Force Space Leadership" by David N. Spires
- "Courage and Air Warfare: The Allied Aircrew Experience in the Second World War" by Mark K. Wells
- "Chennault: Giving Wings to the Tiger" by Martha Byrd
- "Bury Us Upside Down" by Rich Newman and Don Shepperd

Our Mission, Doctrine, and Profession

- "Learning Large Lessons: The Evolving Roles of Ground Power and Air Power in the Post-Cold War Era" by David E. Johnson
- "10 Propositions Regarding Air Power" by Phillip S. Meilinger
- "Sir John Fisher's Naval Revolution" by Nicholas A. Lambert
- "Lean Thinking: Banish Waste and Create Wealth in Your Corporation" by James P. Womack and David T. Jones
- "Leading Change" by John P. Kotter

Our Nation and World

- "From Babel to Dragomans: Interpret-
- ing the Middle East" by Bernard Lewis

 "Middle East: A Brief History of the Last 2000 Years" by Bernard Lewis
- · "A History of the Arab Peoples" by Albert Hourani
- "The Dream Palace of the Arabs" by Fouad Ajami
- "The Foreigners Gift" by Fouad Ajami